Rules

**1. Team Composition**

* Each team consists of 4 players.
* Substitutions are allowed between matches or sets with prior agreement.

**2. Match Scheduling**

* Matches must be played during the designated weekly period.
* Both teams are responsible for arranging match times.
* If scheduling conflicts occur, contact league administrators for assistance.

**3. Match Format**

* Each of the 4 players will alternate turns bowling each ball. Your teammates bowls and knocks 6 pins down, the next person in line on the team will go next to try to knock the remaining 4 pins down and etc.
* 10 match seasons followed by playoffs.
* Each match can be played on any given date of the designated week of play.

**4. Equipment & Venue**

* Matches are played on standard bowling lanes
* Players are responsible for their own equipment.
* The home team provides the lanes; and balls.

**5. Scoring & Results**

* Match results must be submitted within 24 hours of completion to customerservice@younameitsportz.com
* For scoring disputes, email customer service.

**6. Conduct & Fair Play**

* All players are expected to display good sportsmanship.
* Unsportsmanlike conduct may result in penalties or disqualification.

**7. Defaults & Forfeits**

* A team may default if unable to play within the scheduled window.
* Defaults must be communicated to league officials at least 24 hours in advance.

**8. Disputes & Appeals**

* Any disputes should be directed at the league administrators.
* Decisions made by league officials are final.